



Mellieħa | St Paul's Bay | San Ġwann | Ta' Qali | St Lucia

Membership Type	Gold Membership		Bronze Membership	
	Single	Couple	Single	Couple
Yearly	€ 285	€ 530	€ 225	€ 422
Half Yearly	€ 185	€ 350	€ 150	€ 280
Quarterly	€ 125	€ 230	€ 110	€ 184
Monthly	€ 55	€ -	€ 44	€ -
10 Sessions	€ 55	€ -	€ 55	€ -
1 Session	€ 8.50	€ -	€ 8.50	€ -

Bronze membership is only usable at 24/7 Fitness Club St Lucia

Couple: Married couples, parents and children, brothers and sisters, persons living under the same address are eligible for couple membership rates.

Gold Membership members can use 24/7 Fitness Club Ta' Qali, 24/7 Fitness Club Mellieħa, 24/7 Fitness Club San Ġwann, 24/7 Fitness Club St Lucia and S Fitness Studio St. Paul's Bay.

24/7 Fitness Club Ta' Qali sauna is open on Thursdays & Fridays from 08:00 – 23:00 and Saturdays from 08:00 – 17:30

Classes shown on the overleaf schedule are **included** in the membership

OPENING HOURS

24/7 Fitness Club Ta' Qali & 24/7 Fitness Club Mellieħa

Monday from 06:00 till Saturday 18:00 and Sundays from 08:00 till 13:00

24/7 Fitness Club San Ġwann

Open 24 hrs

24/7 Fitness Club St Lucia & 24/7 Fitness Club St Paul's Bay

Monday to Friday from 06:00 till 22:00, Saturdays from 08:00 till 18:00 and Sundays from 08:00 till 13:00

All gyms are closed on Good Friday, Easter Saturday and Sunday, Christmas Day and New Year's Day. On the eve of these festivities clubs close at 13:00. On public holidays 24/7 Fitness Club Ta' Qali, 24/7 Fitness Club Mellieħa, 24/7 Fitness Club St Paul's Bay & 24/7 Fitness Club St Lucia close at 13:00



5 CLUBS 1 MEMBERSHIP
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Ta'Qali Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
06:00 - 07:00		Rush Hour			
18:00 - 19:00	HIIT	Cardio/ Condition/Core	HIIT	Fit 24/7	
19:00 - 20:00	Bar Build	Step & Tone	Bums & Thighs	Cardio Sculpt	
20:00 - 21:00	Bums & Thighs	Circuit Training	Boot Camp	Circuit Training	

San Ġwann Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
18:30 - 19:30	HIIT	Stretching & ABS	Circuit Training	Bums & Thighs	

St Lucia Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
18.00 – 19.00	Circuit Training		Circuit Training		
19.00 – 20.00			Bums & Thighs		

Mellieħa Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
09:00 - 10:00				Wake Up Shake Up	
18:30 - 19:30	Beat it Up	Circuit Training	Bums & Thighs	S.W.E.A.T	
16:00 - 17:00					T'ai Chi Ch'uan*

Classes are subject to change depending on demand and attendance.

Should any changes occur, they will be communicated prior the class schedule

Classes will not be held on public holidays and on their Eve.

*This class is not included with the membership fee. Kindly book by contacting +356 77108596



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Contact us for further information

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