



*IN AID OF*



*VO/2505*

## THE FOUNDATION

Everything started back in 2020 when Ryan and Tasha decided to sponsor a child in Uganda. Over the months, their connection with Edrine, their sponsored child, grew as they got to know him better. They noticed how much Edrine felt special having someone, although far away, caring for him. This brought them immense joy, and a year later, they decided to sponsor another child, Naigaga. Their relationship with the director in charge of the children also strengthened, and in 2023, Ryan and Tasha decided to travel to Uganda to meet the two sponsored kids in person.

In June 2023, this became a reality. What was once a distant relationship transformed into a personal encounter. The visit was an amazing experience that touched their hearts. However, it also made them aware of the dire situations these children were living in, lacking basic necessities such as water, food, education, basic sanitation, and housing. It was at this point that they pledged to help further, and the idea of building a campus was conceived.

Upon their return from Uganda, they discussed this idea further and agreed to work towards founding a foundation with the mission to break the cycle of disadvantage and inspire a brighter future for children in Uganda. Finally, on May 21, 2024, the 24/7 Foundation was officially recognized by the Office of the Commissioner for Voluntary Organizations.



## OUR MISSION

The 24/7 Foundation, founded on the empowering motto "stronger than yesterday," stands as a beacon of hope and support for vulnerable children. Embracing the belief that every child deserves a chance to thrive, the foundation channels its efforts towards fostering positive change through education and fitness initiatives. By empowering children with the tools they need to succeed academically and physically, the 24/7 Foundation aims to break the cycle of disadvantage and inspire a brighter future for generations to come. The foundation not only enriches the lives of these children but also instills in them the confidence and resilience to overcome challenges. With a commitment to nurturing the potential within each child, the 24/7 Foundation stands as a testament to the transformative power of compassion and dedication.

## CHALLENGE OUTLINE

Uganda has one of the youngest populations in the world, with 77% of its citizens under the age of 30. The unemployment rate among Ugandans aged 15-24 stands at a staggering 83%, with the rate being even higher for those holding formal degrees and residing in urban areas. This issue arises primarily due to a mismatch between the degrees obtained and the vocational skills demanded by the job market. Additionally, individuals without degrees struggle to secure employment due to a lack of necessary skills or resources such as capital or land.

In Uganda, 34.8% of the estimated 34.6 million people are adolescents, with an equal sex composition. Notably, one in four teenage girls aged 15-19 is either pregnant or has a child, and 42% of these pregnancies are unintended. This situation has significantly contributed to high poverty levels due to the underdeveloped nature of subsistence farming, severely impacting the community's education system.

## DEVELOPMENT PARTNERS

The 24/7 Foundation has partnered up with FTCEN for the community development, humanitarian assistance, human rights and social accountability. FTCEN (Fountain Training and Community Empowerment Network) is a Non-Governmental / Non-Profit Organisation operating in the rural areas of Bugweri district in eastern Uganda in East Africa. The organization is located in Kikunyu village in Buyanga sub-county, Idudi. The organization was started in 2017 by Victor Ivan Kirunze as founder and Kwagala Esther after seeing the increasing dilapidated poverty, moral decay, famine and diseases. It aims at improving lives of the rural people at different age categories ranging from children, youths, adults, widows, orphans, disabled persons and those affected by HIV/AIDS among others. The organization aims to empower the community to address their own challenges by focusing on five key areas: Health, Microfinance, Education, Environmental Protection and Conservation.



## OUR GOAL

The foundation's main goal is to build a campus in the Bugweri district in Eastern Uganda, an oasis for learning and growth, equipped with classrooms, food hall, playing areas, dormitories and sustainable agricultural land. This campus will not just be bricks and mortar; it will be a place where dreams are nurtured, potential is unleashed, and hope is given a solid foundation. Our aim is to develop self-sustaining initiatives and empower the community to achieve independence. We will prioritize sustainability projects by ensuring that all our activities are growth-oriented. Any earnings from these



## CAMPUS UGANDA

Campus Uganda is the name of the project, which aims to construct a modern campus in a rural area with limited educational services. The campus will provide education to the poor and disadvantaged village community, where the Ugandan government, through the Ministry of Education, has been unable to successfully establish schools.

Phase 1 of the project will begin with the acquisition of 3 acres of land. Subsequent stages will include: fencing and grading the land, establishing access to clean water, installing a water tank, constructing three classroom blocks, building an administration block, procuring school equipment, constructing school toilets, and developing agricultural land and a fish farming pond.

## SUPPORT US

The foundation relies heavily on direct assistance from its partners, and we believe that collaborations with private companies are essential to our programs and campaigns. Our relationship with the private sector goes beyond merely obtaining resources; we aim to achieve common goals and want our sponsors to feel directly involved in these objectives. A small contribution can make a significant difference, and every effort counts.

## FOUNTAIN TRAINING AND COMMUNITY EMPOWERMENT NETWORK

### CAMPUS UGANDA - FOUNTAIN LIGHT ACADEMIC SCHOOL CONSTRUCTION PHASE 1

<u>Item</u>	<u>Quantity</u>	<u>Cost (Euros)</u>	<u>Cost (Ugx)</u>
PHASE1(a) - Land purchase, fencing, land grading and water source.			
Land	3acres	€13,846	54,000,000
Fencing	3acres	€5,077	19,800,000
Water sources	1	€4,744	18,500,000
Land Grading	3acres	€708	2,760,000
<b>SUB TOTAL.</b>		<b>€24,375</b>	<b>95,060,000</b>
PHASE1(b) - Administration and classroom blocks construction			
S/N	Unit	Cost (Euros)	Cost (Ugx)
1	Administration block1	€18,449	71,450,000
2	Nursery class room block2 – includes tools needed	€24,804	96,737,500
3	Four lower primary classroom block3	€31,540	123,007,500
4	Three upper classroom block 4	€20,834	81,251,500
5	School toilet	€5,494	21,425,000
<b>SUB TOTAL.</b>		<b>€101,121</b>	<b>393,871,500</b>
PHASE1(c) - Other infrastructure.			
6	Roof water harvest and plumbing work	€1,713	6,682,000
7	Painting.	€3,069	11,969,100
8	Fish pond.	€5,244	20,449,800
9	Electricity wiring	€1,447	5,645,020
<b>Sub total</b>		<b>€11,473</b>	<b>44,745,920</b>
PHASE1(d) - School equipment			
10	Desks	€4,700	18,330,000
11	Office tables & chairs (5)	€1,282	5,000,000
12	Classroom tables and chairs(10)	€769	3,000,000
13	Office side boards(5)	€769	3,000,000
14	Classroom lockable drawers(10)	€641	2,500,000
15	Laptops(3)	€923	3,600,000
16	Desktop computer(1)	€385	1,500,000
17	Waiting chairs(5)	€833	3,250,000
18	Labour feeding across all work.	€2,179	8,500,000
<b>Sub total</b>		<b>€12,481</b>	<b>48,680,000</b>
<b>Grand Total</b>		<b>€149,450</b>	<b>582,357,420</b>

**BILL OF QUANTITIES FOR CONSTRUCTION OF CAMPUS UGANDA - FOUNTAIN LIGHT  
ACADEMIC SCHOOL (FLAS)**

**BILL OF QUANTITIES FOR LAND PURCHASE, FENCING, GRADING&WATER SOURCE.**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Purchase of land	3acres	18,000,000	€13,846
Fencing of land	3acres	6,600,000	€5,077
Grading of land	3acres	920,000	€708
Water source Establishment.	1	18,500,000	€4,744
<b>SUB TOTAL.</b>			<b>€24,375</b>
<b>TOTAL</b>			<b>€24,375</b>

**BILL OF QUANTITIES FOR ADMIN BLOCK 1**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Bricks	40000	180	€1,846
Cement	250	35,000	€2,244
Transport		150,000	€38
Rolls of Dpc	2	280,000	€144
Rolls of Dpm	2	150,000	€77
Aggregates	6trips	300,000	€462
Hard core	12	150,000	€462
Marram	12trips	100,000	€308
Payan	5bundles	150,000	€192
Soft timber	50pcs	15,000	€192
Iron bars y12	48pcs	45,000	€554
Binding wires	2bundles	200,000	€103
Ring wires	30rolls	15,000	€115
Plaster sand	13	120,000	€400
Lake sand	7	400,000	€118
Supporting poles	20	15,000	€360
Nails	15kgs	10,000	€38
Digging foundation			€400
Water			€154
BRC	4rolls	800,000	€821
Construction labour			€1,282
Windows	14	400,000	€1,436
Doors	12	700,000	€2,154
<b>SUB TOTAL.</b>			<b>€13,900</b>

**ROOFING PHASE**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Timbers 6x2	40pcs	20,000	€205
4x2	250pcs	17,500	€1,122
4x3	20pcs	15,500	€79
Face board	16pcs	15,000	€62
Iron sheets	95	70,000	€1,705
Ridges	20pcs	25,000	€128
Roofing nails	25kgs	15,000	€96
6"	20kgs	10,000	€51
5"	10kgs	10,000	€26
4"	25kgs	10,000	€64
3"	15kgs	10,000	€38
2"	3kgs	10,000	€8

1.5	5kgs	10,000	€13
Expanded metals	4bundles	60,000	€62
Rubber washers	20pkts	5,000	€51
Payan	2bundles	150,000	€70
Labour			€769
<b>SUB TOTAL.</b>			<b>€4,549</b>

**TOTAL €18,449**

**BILL OF QUATITIES FOR CONSTRUCTION 3 NURSERY CLASSROOMS BLOCK2 75FTX28FT**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Bricks	50000	180	€2,308
Cement	350Bags	35,000	€3,141
Transport			€51
Rolls DPC	2	280,000	€144
Rolls Dpm	2	150,000	€77
Aggregates	6trips	300,000	€492
Hard core	18trips	150,000	€692
Marram	22trips	100,000	€564
PAYAN	12rolls	50,000	€154
SOFT TIMBER	60pcs	15,000	€231
IRON BARS Y12	59pcs	45,000	€681
BINDING WIRES	2rolls	200,000	€103
RING WIRE	50pcs	15,000	€192
SAND	15trips	100,000	€385
LAKE SAND	7trips	400,000	€718
SUPPOTING POLES	30pcs	15,000	€115
NAILS	20kgs	10,000	€51
DIGGING			€128
FOUNDATION			
WATER			€226
BRC	3rolls	800,000	€615
CONSTRUCTION			€2,051
LABOUR			
<b>SUB TOTAL.</b>			<b>€13,119</b>

**TOOLS**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
WHEELBARROW	3	170,000	€131
Water Tank	2	150,000	€77
Spades	6	25,000	€38
Hand hoes	4	20,000	€21
Pit Axe	2	30,000	€15
Jerry cans	10	150,000	€38
Pangas	2	15,000	€8
Saucepans	3	50,000	€38
Mortar Pan	10	15,000	€38
Plates &Cups			€26
Feeding			€256
Doors	3	700,000	€538
Windows	21	400,000	€2,155
<b>SUB TOTAL.</b>			<b>€3,379</b>

**ROOFING PHASE**

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Timbers 4x2	375	17,500	€1,683
6x2	60	20,000	€308
3x4	28	15,500	€111
3x2	30	15,500	€119
Roofing nails	35kg	15,000	€135
6"	30kgs	10,000	€77
5"	15kgs	10,000	€38
4"	37kgs	10,000	€95
3"	23kgs	10,000	€59
1.5"	3kgs	10,000	€8
Iron Sheets	199	70,000	€3,569
Payan	4bundles	150,000	€154
Ridges	30pcs	25,000	€192
Expanded metals	5bundles	60,000	€77
Face board	24pcs	15,000	€92
Valanderseal	60timcers	17,500	€269
timbers4x2			
Rubber washers	30pkts	5,000	€38
Labour			€1,282
<b>SUB TOTAL.</b>			<b>€8,306</b>
<b>TOTAL</b>			<b>€24,804</b>

#### BILL OF QUANTITY FOR CONSTRUCTION OF 4LOWER PRIMARY CLASSROOMS BLOCK3

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Bricks	65000	180	€3,000
Cement	450	35,000	€4,038
Transport			€51
Rolls of DPC	3	280,000	€215
Rolls of Dpm	3	150,000	€115
Aggregates	12	300,000	€923
Hard core	20	150,000	€769
Marram	25	100,000	€641
Payan	10bundles	150,000	€385
Soft timber	100	15,000	€385
Iron bars y12	80	45,000	€923
Binding wire	3 rolls	100,000	€77
Ring wire 8mm	60pcs	15,000	€231
Plaster Sand	26	120,000	€800
Lake sand	14	400,000	€1,436
Supporting poles	40	15,000	€154
Nails	30kg	10,000	€77
Digging foundation		700,000	€179
Water			€308
BRC	8rolls	800,000	€1,641
Construction labour			€2,564
Windows	28	400,000	€2,872
Doors	4	700,000	€719
<b>SUB TOTAL.</b>			<b>€22,503</b>

#### ROOFING PHASE

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Iron sheets	190pcs	70,000	€3,410



Ridges	40pcs	25,000	€256
Face board	30pcs	15,000	€115
Timbers 6x2	80pcs	20,000	€410
4x2	500pcs	17,500	€2,244
3x4	35pcs	15,500	€139
3x2	40pcs	15,500	€159
Roofing nails	50kgs	15,000	€192
4"	50kgs	10,000	€128
3"	30kgs	10,000	€77
2"	5kgs	10,000	€13
1.5"	5kgs	10,000	€13
Rubber washer	35pkts	5,000	€45
Expanded Metals	6bundles	60,000	€92
Payan	4bundles	150,000	€154
Nails	20kgs	10,000	€52
Labour			€1,538
<b>SUB TOTAL.</b>			<b>€9,037</b>

<b>TOTAL</b>			<b>€31,540</b>
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#### BILL OF QUANTITIES FOR CONSTRUCTION OF 3 UPPER PRIMARY CLASSROOM BLOCK4

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Bricks	50,000pcs	180	€2,308
Cement	200bags	350,000	€1,795
Transport			€51
Rolls of DPC	2	280,000	€144
Rolls of DPM	2	150,000	€77
Aggregates	6trips	300,000	€462
Hard-core	18trips	150,000	€692
Marram	22trips	100,000	€564
Payan	12rolls	50,000	€154
Soft timber	60pcs	15,000	€231
Iron bars y12	59pcs	45,000	€681
Binding wires	20rolls	200,000	€103
Ring wire	50pcs	15,000	€192
Sand	15trips	100,000	€385
Lake sand	7trips	400,000	€718
Supporting poles	30pcs	15,000	€1,154
NAILS	20kgs	10,000	€51
Digging Foundation			€128
Water			€256
BRC	3rolls	800,000	€615
Construction labour			€2,051
Feeding			€256
<b>SUB TOTAL.</b>			<b>€13,068</b>

#### ROOFING PHASE

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Timbers 4x2	375	17,500	€1,683
6x2	60	20,000	€308
3x4	28	15,500	€111
3x2	30	15,500	€119
Roofing nails	35	15,000	€135
6"	30kgs	10,000	€77

5''	15kgs	10,000	€38
4''	37kgs	10,000	€95
3''	23kgs	10,000	€59
1.5''	3kgs	10,000	€8
Iron Sheets	143pcs	70,000	€2,567
Payan	4bundles	150,000	€154
Expanded Metals	5bundles	60,000	€77
Ridges	30pcs	25,000	€192
Face board	24pcs	15,000	€92
Rubber washer	30pkts	5,000	€38
Valanderseal 4x2	60pcs	17,500	€269
Labour			€1,744
<b>SUB TOTAL.</b>			<b>€7,766</b>

<b>TOTAL</b>			<b>€20,834</b>
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#### BILL OF QUANTITY FOR CONSTRUCTION OF SCHOOL TOILET.

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Pit latrine digging			€513
Cement	80bags	35,000	€718
Bricks	15000	180	€692
Wire mesh	6pcs	80,000	€123
Dpc	10mtrs	4,000	€10
Iron bars y16	5	80,000	€103
Iron bars y12	10	45,000	€115
Nails	20kgs	10,000	€51
Roofing nails	10kgs	15,000	€38
Soft timber	30pcs	15,000	€115
Eucalyptus Poles	10	15,000	€38
Iron sheets	16	70,000	€287
Ridges	4	25,000	€26
Plaster sand	8	120,000	€246
Lake sand	3	400,000	€308
Vent pipes	2	50,000	€26
Roofing timbers	35pcs	15,000	€135
Labour			€514
Doors	14	400,000	€1,436
<b>TOTAL</b>			<b>€5,494</b>

#### WATER HARVEST AND PLUMBING WORK

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Clips	70	4,000	€70
Cramp	6	6,000	€9
Pipes 3inch	3x20ft	45,000	35
Solvent cement	6tins	25,000	€38
Bend pipe	8	15,000	€30
Gutter Joint	12	20,000	€62
Outlet	4	30,000	€36
Gutter corner	4	20,000	€21
Water tank	10,000ltrs		€769
<b>SUB TOTAL.</b>			<b>€1,035</b>

#### TANK BASE

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Bricks	200pcs	180	€9

Iron bar y12	8pcs	45,000	€92
Ring wire	5	15,000	€19
Binding wire	2kg	200,000	€103
Aggregate	1trip	300,000	€77
Cement	15bags	35,000	€135
Hard core	1trip	150,000	€38
Sand	1trip	300,000	€77
Water			€25
Labour			€103
<b>SUB TOTAL.</b>			<b>€678</b>

<b>TOTAL</b>			<b>€1,713</b>
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#### PAINTING

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Undercoat	11	65,000	€183
Primer	6	85,000	€137
Sand paper	1		€24
Rollers	9	10,000	€24
Brushes	9	9,000	€22
White cement	5	90,000	€109
Filler	6	45,000	€65
Super gloss	6	85,000	€137
Silk emulsion	6	330,000	€531
Wheather guard	5	370,000	€448
White spirit	4	50,000	€48
Masking tape	9	4,000	€10
Small rollers	7	5,000	€8
Skirting	3	75,000	€67
Scrapers	5	10,000	€12
Still float	4	20,000	€19
Labour			€1,224

<b>TOTAL</b>			<b>€3,069</b>
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#### FISH FARMING POND

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
Manual Labour	60SQM	8,000	€1,231
Technical Supervision			€256
Manures/dung	2bags	100,000	€51
Water pipes	6	45,000	€69
Bricks	150	180	€7
Cement	10	35,000	€90
Predator net	2	150,000	€77
Fish fingerings	3000	300	€231
Fish feeding	279days	43,200	€3,069
Feeding			€86
Transport to pick fingerings			€77

<b>TOTAL</b>			<b>€5,244</b>
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#### EARTHING SYSTEM

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Ugx)</u>	<u>Cost (Euros)</u>
m/box (double)	1pc	20,000	€5

m/s 8way	1pc	200,000	€51
Earth wire16mm2	6mtrs	6,000	€9
L/wire10mm2	2m	15,000	€8
C/tape	5m	30,000	€38
Charcoal dust	1/2bag	10,000	€3
Salt/magadi	10kgs	2,000	€5
Nails	2kgs	8,000	€4
Cement	10kgs	900	€2
Conduit20mm2	70pcs	1,500	€27
Conduit25mm2	30pcs	2,000	€15
Mk box single	80pcs	2,000	€62
Mk box double	40pcs		
m/s 2way tronic	4pcs	65,000	€67
Mk cover -single	15pcs	2,000	€13
Mk cover double	10pcs		
Solidal wire	100mtrs	4,000	€103
<b>SUB TOTAL.</b>			<b>€412</b>

#### WIRING

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Wire 1.5mm2	9rolls	200,000	€637
Wire 2.5mm2	3rolls	135,000	€143
Clips 1.5mm2	10boxes	3,000	€11
Clips 2.5mm2	5boxes	4,000	€7
J.b (G&T black)	15pcs	6,000	€32
Connector 50A	5bar	5,000	€8
Insulation tape	4pcs	2,000	€3
s/o 2gang G&T	10pcs	10,000	€36
s/w5gang tronic	3pcs	15,000	€17
s/w 1gang G&T	10pcs	3,000	€11
Lamp holders	40pcs	3,000	€43
c/roses	50pcs	5,000	€88
<b>SUB TOTAL.</b>			<b>€1,035</b>

<b>TOTAL</b>	<b>€1,447</b>
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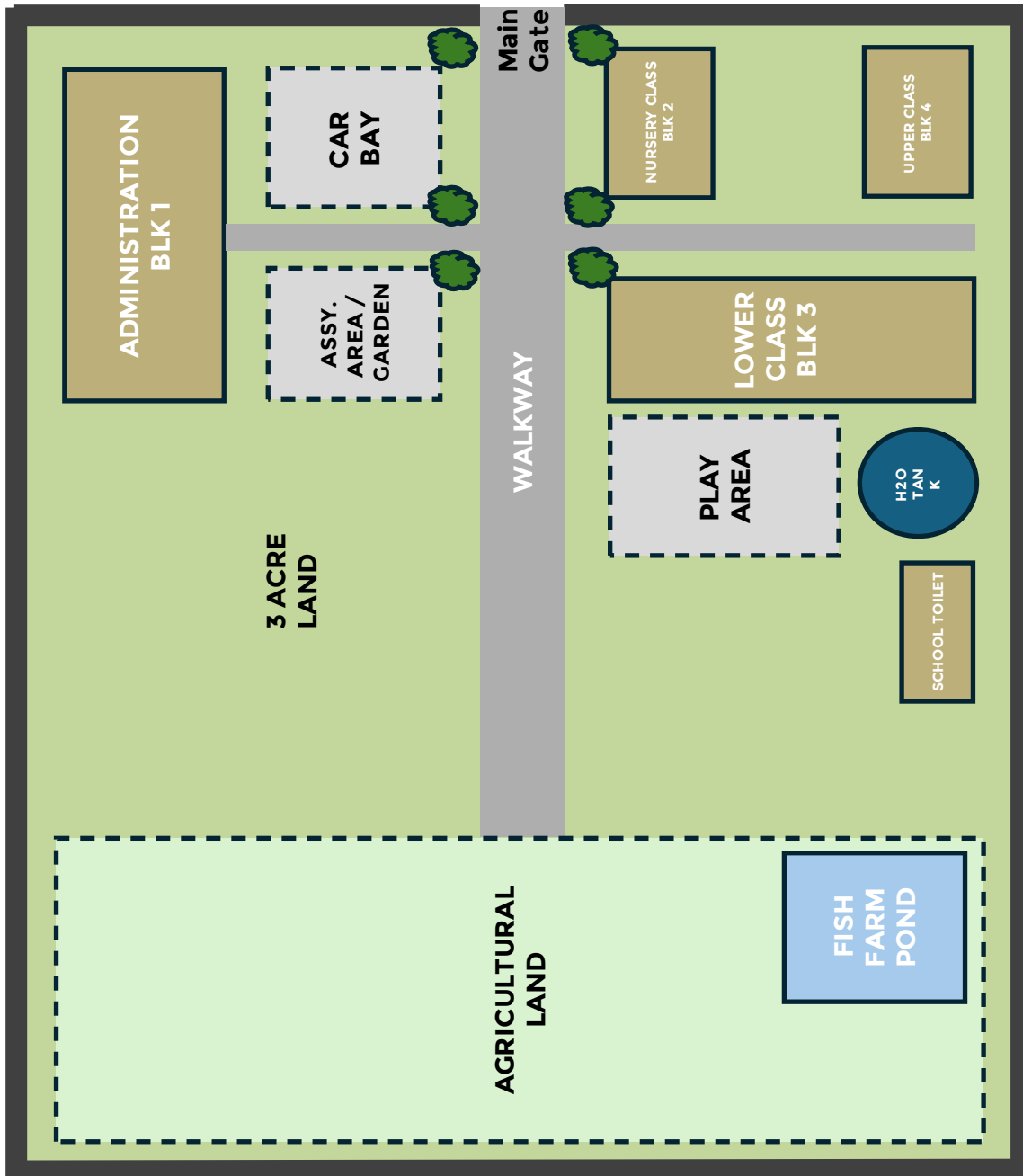
#### BILL OF QUANTITIES FOR SCHOOL BASIC EQUIPMENT

<u>Item</u>	<u>Quantity</u>	<u>Unit Cost(Uqx)</u>	<u>Cost (Euros)</u>
Desks	100	183,300	€4,700
Office Tables and chairs	5	1,000,000	€1,282
Classroom chairs	10	300,000	€769
Office side board	5	600,000	€769
Classroom lockable drawers	10	250,000	€641
Laptops	3	1,200,000	€923
Desktop computers	1	1,500,000	€385
Waiting chairs	5	650,000	€833
Labour feeding across all work.	4	300,000	€2,179

<b>TOTAL</b>	<b>€12,481</b>
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<b>GRAND TOTAL</b>	<b>€149,450</b>
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LAYOUT PLAN FOR CAMPUS UGANDA - FOUNTAIN LIGHT ACADEMIC SCHOOL (FLAS)



\*The layout plan is for reference purposes only and may not exactly represent the final layout nor necessarily be to scale



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